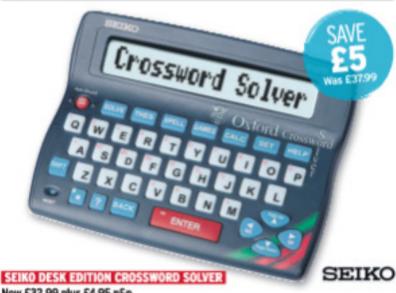
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Your countdown to Christmas flowers

How do I can get amaryllis hulbs to flower in time for Christmas? Shervl. via email **DAVID:** Plant at the end of September or early October in a pot just big enough to contain their roots. Leave the top third of the bulb uncovered and water thoroughly. Mimic winter by putting in a dark spot for two weeks. When a shoot emerges, create an artificial spring by bringing into a bright, warm place. In six to eight weeks, it should flower.



Perfect home for the mother in law

I love the new trend for

terrariums and want to make my own. Which plants vork well? Marilyn W, London **DAVID:** Mind your own business, mother-in-law's tongue, spiderwort and widow's thrill are unfussy and perfect for planting together. They love bright, indirect light and well-drained soil. Do not overwater as terrariums don't have drainage holes and none of these plants enjoy having soggy roots.

TIP of the week

Use leftover boiling water from your cuppa to zap weeds growing in cracks on the patio. This is especially effective

for young weeds, since boiling water will also get down to the roots and kill them.

GET IN TOUCH For loads more hints and tips on gardening visit onev.com or follow me on Facebook at @DavidDomoneyTV or on Twitter @daviddomoney

Top marks to these inspiring schools, whose gardens won our fab Cultivation Street competition

arents can rest easy. I've found a magic potion that can boost a child's self-esteem, brain power, concentration levels and physical and mental health.

There really is such a thing. Only it's not a magic potion - it's gardening.

Recognising its value, schools are kick-starting gardening projects to teach children how to propagate plants, support wildlife, grow their own food and compost waste.

Every year, my Cultivation Street competition seeks to reward those naving the biggest impact. This year, the three winners and four runners up are sharing £5,200 and 700 Calliope geraniums from our main sponsor. FIRST PLACE: Hammersmith

Academy, West London

Starting off with a single greenhouse and handful of raised beds in 2015, the team at Hammersmith have changed the face of their garden and increased engagement from 30 to 500 students.

It features an orchard planted by the children, large growing areas for produce and pollinator-friendly flowers. It even has a brood of chickens looked after by students.

Recycled materials have been turned into planters, while bug hotels and container ponds attract wildlife. Patrick Kirwan, who heads up the

project, said: "Our students run our school garden - this is their project. The garden is a conduit for teaching them about nature, promoting mental health and fostering community."

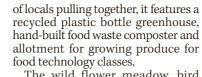
JUDGES' VERDICT Hammersmith Academy is a multicultural secondary that has transformed a neglected area into a productive garden.

Everything is tended by the pupils, many of whom are from deprived backgrounds and unable to garden at home. We loved how much the older students had ownership of the garden.

On learning they had won £2,500 and 100 Calliope[®] geraniums, teacher Harriet Silcocks said: "We are so delighted. It means we can extend the garden and get more students involved, boosting mental health and well-being. I'm absolutely thrilled."

SECOND PLACE: Damers First School, Dorchester, Dorset

This thriving garden was created in one year. The result of a cross-section



The wild flower meadow, bird boxes, bug hotels and bird hide were all made by the children.

They have an on-site shepherd's hut with a cooker where children can cook food straight from the bush

Here are some tips from our winners

with their parents. It is having an

short of incredible. We loved that the

earn in our garden.

on running a school garden. 1. Start small. A few pots or small plot is all you need to get started and will ensure you're not overwhelmed.

2. Give the kids ownership. Let them make decisions about design and planting schemes and task them vith maintaining their own patch.

3. Ask for donations of spare tools, ots, plants and compost to support our garden for free. 4. Ask parents, community

embers and businesses for help by having a weekend gardening norning or a volunteering day

5. Make your own compost out of individual to be the driving force to

gets an opportunity to get outside and £1,500 and 100 Calliope® geraniums. "Many have taken what they have

Hammersmith Academy

WINNERS

learned home and started growing veg School and Nursery, South London This beautiful garden was created by amazing impact beyond the school." staff, students, parents and local JUDGES' VERDICT It is nothing construction workers.

It features a wildlife pond, allot-

kitchen. It's free, eco-friendly and marvellous for the plants!

6. Use it to support core learning have kids work out what percentage of seeds germinated as hands-on maths or track the lifecycles of frogs in a pond for science.

7. Designate a passionate

Teacher Ed Moore said: "The whole children get out gardening in all ment, polytunnels, chicken coop and turn the designs we have drawn up school and a bank of volunteers have weathers and get benefits year-round. woodland area for forest school into a reality worked so hard to ensure every child The school composts all its food waste sessions. The garden is used creatively so the garden is eco-friendly. They won to support work in core subjects and children are eating a greater range of THIRD PLACE: Green Lane Primary vegetables because they've been hours. Open during the six-week involved in the growing process.

Calliope Flowers

Teacher Alison Reed said: "We have plans to enhance the area to enable more children to benefit.

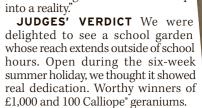
"Our prize money will help us to

engage staff and children and ensure it keeps moving ahead.

8. Choose plants for maximum impact. Grow tactile plants such as furry lamb's ear, tasty ones like chocolate mint plant or strawberries. and easy, heavy-fruiting ones, like courgettes and raspberries, to get children enthusiastic.

9. Take photos of your journey. Kids can look back on last year and see what a difference they've made.

10. Join programmes aimed at supporting school gardening projects, such as Cultivation Street. The practical advice will help your garden on your journey.



The four runners up, who will each receive £500 and 100 Calliope geraniums, are:

Goldthorpe Primary School, **Rotherham, Yorkshire.** whose practice of offering a garden-grown snack to kids at break time wowed the judges.

The Clare School, Norwich, Norfolk, who went out of their way to get disabled students gardening.

Northgate High School, Dereham, Norfolk, with its garden devoted to raising awareness of dementia.

Chaucer Junior School, Ilkeston, Derbyshire, whose moveable pot plants make the garden design flexible ■Next week, we will announce the

overall winner from our community

gardens regional categories.

garden. Supplied as 9cm pot plants. Buy one Hydrangea Rock Chick for £8.99 or order four for only £17.98 - HALF PRICE. To order by debit/credit card call **0843 922 5000** quoting

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of the week

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Alternately, it will fit two 240 litre wheelie bins inside and stop them being an eyesore or attracting unwanted wildlife

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£119.99 at **argos.co.uk**

