



SAVE
£40
Was £119.99

3 X 2M POLYTUNNEL
Now £79.99 plus £9.95 p&p*

Grow a variety of flowers, plants and vegetables in this 3x2 metre polytunnel by Garden Grow. Consisting of powder-coated steel framing covered with a waterproof PE protector, this polytunnel is durable and easy to construct. It features double-stitched seams for maximum durability and has a double-zip door that can be rolled up for easy access. There are also netted windows to ensure the temperature within the greenhouse can be controlled. The windows can be covered by rolling down the PE covers.

Perfect to keep young plants protected during harsher conditions, this polytunnel is supplied with high-quality, durable, metal pegs to ensure it's always secure to the ground. If you decide that your crops are ready to face the weather alone, simply move the lightweight tunnel to your next crop or deconstruct with ease for use again next season. Measuring 3 metres in length and 2 metres in width with 1.9 metres of headroom, this tunnel has plenty of room to grow a variety of crops.

Please note, the ground sheet and the wire shelves pictured are not included. To compliment your polytunnel we offer a spare cover and a set of four plastic seedling trays, each measuring L56.5 x W24.5 x H6cm.

G3350 3x2 Polytunnel **G3351** Spare Polytunnel Cover **£39.99**
G2162 Four Seedling Trays **£7.99**

*Please note that due to the weight of this product, delivery will take between 5 and 7 days and is charged at £9.95. Due to courier limitations we are unable to deliver this product outside mainland UK, to Scottish Highlands, Isles or BFPO addresses.



SAVE
£20
Was £69.99

ALUMINIUM COLD FRAME
Now £49.99 plus £6.95 p&p*

Extend the growing season and keep your delicate plants protected from harsh weather conditions with this aluminium cold frame from Garden Grow.

Cold frames are great for protecting young seedlings, vegetables or flowerbeds from adverse weather, primarily the cold and wet. Lift and transplant fragile plants into the cold frame for protection from frosts through the winter months. The transparent roof allows sunlight to penetrate without the risk of heat escaping. This cold frame is constructed using strong and durable aluminium with polycarbonate panels. Featuring a hinged lid to make accessing your plants hassle free so you can tend to them easily, it will make a great addition to any garden. Dimensions: L108 x W56 x H40cm. Self-assembly required.

G3321 Aluminium Cold Frame

*Please note that due to the weight of this product, delivery will take between 5 and 7 days and is charged at £6.95. Due to courier limitations we are unable to deliver this product outside mainland UK, to Scottish Highlands, Isles or BFPO addresses.

Call **0843 922 5001** (quoting 90729)
or visit **MirrorOffers.co.uk**

Call our UK-based sales team or visit our website now for thousands of great deals on clothing, kitchen, home, garden, health and hobbies

Our 'was' pricing refers to the original selling prices offered on our website www.offers.co.uk, and in our retail store between 18th Nov 2018 - 17th Feb 2019. Calls cost 7p per minute plus your phone company's access charge. Allow 7 working days for delivery. If you are not happy for any reason we will accept return of faulty/unused goods in sealed original packaging for full refund or replacement within 30 days. These goods are sold and supplied by BVO Group with whom you contract when you accept this offer.

Gardening club

with DAVID DOMONEY

features@sundaymirror.co.uk
daviddomoney.com
@daviddomoney
/daviddomoneytv

Subscribe to Mirror gardening deals at
mirrorgardenoffers.co.uk

Q&A



Growing fresh veg from ancient seed

Will out-of-date seeds still actually germinate? Jeremy D. Luton, Beds **DAVID: They may, yes, but it depends on how they've been stored. Some seeds, such as carrots and tomatoes, can last up to four years if kept cool, dry and out of direct light. Others, such as peppers or corn, are unlikely to keep for more than two.**



Cheap as chips way to boost your beds

Is there a cheap way of giving my plants a boost? Bill, via email **DAVID: Plants love starch, so whenever you cook potatoes or pasta, save the cooled water and pour it on your veg or flower beds. Or collect nettles and soak them in rain water for two weeks, leaving you with a liquid fertiliser packed full of nutrients.**

TIP of the week

Put soil or debris into the far end of the wheelbarrow so, when lifting it, the position of the load will put less strain on your back and arms.

GET IN TOUCH

For loads more hints and tips on gardening visit daviddomoney.com or follow me on Facebook at @DavidDomoneyTV or on Twitter @daviddomoney

It's back... and there are a shedload of reasons why joining our Cultivation Street campaign is a smart move for you and your community

GROUP gardening is fun, sociable, good for your health and rapidly growing in popularity across the UK. And with this year's Cultivation Street competition launching today, it can also give you an unexpected windfall. The competition, sponsored by Calliope, is now in its seventh year. And it has handed out more than £120,000 – and thousands of Calliope geraniums – to Sunday Mirror readers in prizes to date.

This year, there's nearly £20,000 in prizes up for grabs for outstanding school and community gardening projects. And there is an opportunity to get your hands on some marvellous geraniums to colour your life at home in our exciting prize giveaway.

BIG BENEFITS

Working as a team to create and maintain a community garden has a ton of benefits.

It lifts the neighbourhood by turning disused eyesores into beautiful spaces for everyone to enjoy, creates community spirit as locals get to know one another, and even

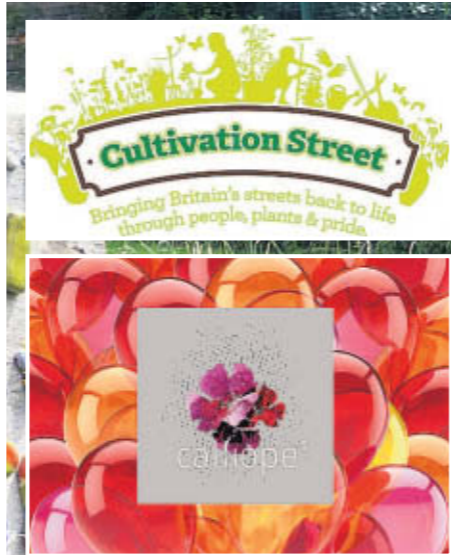
improves diets as people grow their own fruits and veggies. Community gardens also create space for native wildlife to flourish as flowers provide nectar sources for pollinators and water features offer a home to frogs and toads.

Getting out in nature, exercising and connecting with people have all been shown to positively affect our mental and physical health. So if you are looking for a boost, community gardening is just the ticket.

SOMETHING FOR EVERYONE No matter if you are a complete beginner or a dab hand, joining a gardening group is good for you. Either give something back by sharing your experience or exercise your brain by learning new skills from others.

Both have been shown to boost happiness levels and, if you plant easy-to-grow crops, such as courgettes and tomatoes, it will stock up your larder while you're at it. It is versatile too. If you're fit and strong and fancy some decent exercise, you can get stuck in planting trees or digging muck into borders. If you are in need of a gentler approach, sow seeds or plant out containers.

People who find it difficult to bend can garden in raised beds, those with poor sight can plant for feel, smell and taste instead of look, and gardeners



STICK WITH IT
Scouts pick rhubarb at Root 'N' Fruit allotment in Stoke

Plant an idea

with disabilities can use specially adapted tools. Able-bodied or disabled, young or old, gardening has something for everyone.

HAPPY KIDS

It is also a great source of activity for children near a community garden or those who have a garden at school.

Growing potatoes in a dustbin is a favourite of mine and great fun – but don't stop there.

Plant strawberries they can pluck off the bush for a quick snack, create a sensory garden with chocolate mint plants, woolly-feel lamb's ear and

sherbet-scented lemon verbena to titillate their senses, and let them paint stones with acrylic paint as seed labels.

If you have enough space, you can even section off a bed and give ownership of it to the kids. There's nothing more exciting than visiting the garden centre with little ones and getting them to choose their own seeds. My dad did this with me when I was a lad and I loved planning out what I was going to plant and then watching everything grow.

It gave me a real sense of achievement and purpose. And it gets kids outside in the fresh air – exercising and engaging with nature.

CULTIVATION STREET'S HEART Every year, I delight in seeing the incredible school and community gardens created by members of the Cultivation Street campaign.

I've seen the lives of Armed Forces veterans changed beyond recognition, dementia sufferers cared for by children using their school garden, and people in poverty being provided with fresh, homegrown produce for free.

It is projects like these that the Cultivation Street competition seeks

to reward. Cultivation Street also has a network of Garden Centre Ambassadors on hand to help community and school projects in their local area get off the ground.

GETTING INVOLVED

Visit cultivationstreet.com to find out more. There, you'll find a wealth of resources to get you started. There, you'll find a wealth of resources to get you started. Or follow us on Twitter, Instagram and Pinterest

COMPETITION CATEGORIES

Community Gardens Rewarding gardening projects bursting

with community spirit. 1st: £3,000, 2nd: £1,500, 3rd: £1,000. Two highly commended prizes of £750 each.

School Gardens

Rewarding school gardens that enrich the teaching environment for kids. 1st: £2,000, 2nd: £1,000, 3rd: £750. Two highly commended prizes of £500 each.

NEW Gardens For Better Health

Rewarding gardens that have a positive impact on the mental or physical health of the community. 1st: £2,000, 2nd: £1,000, 3rd: £750. Two highly commended prizes of £500 each.

Calliope Your Life

Rewarding the most creative and colourful display of Calliope geraniums and, this year, open to the public. Look out for posts on Cultivation Street social media for your chance to bag some free Calliope plug plants to create your display. Prize: £500.

Ambassador Of The Year

Rewarding the Garden Centre Ambassadors who go above and beyond for communities and school groups. 1st: £1000, 2nd: £500, 3rd: £300.

Every winning garden also receives 100 Calliope geraniums. That's 15,000 geraniums to give out this year.

Winning



helped our street grow stronger

Last year's community garden of the year transformed its neighbourhood in more ways than one.

Volunteers at Tay View Community Garden turned a derelict inner-city site into an amazing resource.

The garden, overlooking the River Tay in Dundee, has cultivated terraces where locals grow fruit and veg. It has a pond and biodiversity area

stocked with interesting creatures by the children at Wallacetown nursery.

It is a teaching resource for schools and pedestrians and cyclists use it as a pleasant shortcut to avoid a dangerous junction. The area has seen a reduction in litter and anti-social behaviour because of the project.

There is an orchard, seating and an art wall where graffiti artists and school

children can paint. Glebelands Primary School even created a totem pole for it.

Stuart Fairweather, who entered Cultivation Street, said: "The impact is felt by all who pass through it."

"The gardeners are a mixed bunch, growing crops they use to create dishes from their own cultures to share."

"Fruit, veg, wildlife and art all come together in this thriving garden."

OFFER of the week

Breathe life back into borders with Nerine Bowdenii. Also known as the Guernsey Lily, it is a robust perennial with strap-shaped leaves up to 30cm long.

Nerine Bowdenii is a beautiful plant, with its silvery pink blooms brightening the garden in late summer and autumn. Supplied as 11/12cm bulbs.

You can buy 10 bulbs for £9.99 or if you order 20 for £19.98 we will send a further 10 FREE.

To order by debit/credit card call **0843 922 5000** quoting **SMTG006** or send a cheque made payable to 'Mirror Garden', using blue or black ink, to Nerine Bowdenii Offer (SMTG006), PO Box 64, South West District Office, Manchester, M16 9HY or visit mirrorgardenoffers.co.uk



GADGET



Step away from the herd with these solar-powered sheep lights, which are ideal for patios, lawns or decking.

They are great fun and a real feature - they don't need unsightly wires or batteries either. The sheep harvests power during the day to light the LED bulbs at night.

A good talking point and a charming way to light your garden. I found it for £19.99 at primrose.co.uk