

FABULOUS ESCAPES

7 NIGHTS FROM **£459*** PER PERSON

5★ MADEIRA ESCAPE WITH MEALS

DEPARTS NOVEMBER 2020 - AUGUST 2021

The Saccharum from Savoy Signature sits proudly between the mountains and the sparkling ocean, with access to the only sandy beach in Madeira! This stylish, contemporary and modern hotel boasts spectacular sea views from all corners of the hotel. The Savoy Saccharum Resort & Spa features a buffet restaurant, an à la carte restaurant and summer terraces, in addition to barbecue facilities. Four bars complete the many facilities including the Fly Lounge known for its incredible sunsets and views.

DATES	LONDON	MANCHESTER
Nov	£459pp	£499pp
Dec	£459pp	£529pp
Jan	£459pp	£549pp
Feb	£479pp	£529pp
Mar	£499pp	£599pp
Apr	£549pp	£529pp
May	£699pp	£699pp
Jun	£769pp	£749pp
Jul	£849pp	£849pp
Aug	£1099pp	£1099pp

PRICE INCLUDES

- Return flights from various UK airports
- 7 nights' five-star half-board accommodation in the Savoy Saccharum
- One free spa entrance per person per stay



4★ JERSEY BREAK

DEPARTS JANUARY - SEPTEMBER 2021

Generous hospitality and passionate service. Standing proud on St Brelade's Bay beachfront St Brelade's Bay Hotel, is one of Jersey's best-loved hotels. Offering all the charm and nostalgia of a bygone era, but with all the modern comfort and amenities. Facilities include two swimming pools, lush gardens and a magnificent Spa and Health Club. The Hotel is steeped in history and has been welcoming guests for many years. Loved by locals and cherished by guests St Brelade's Bay Hotel is a friendly place that guarantees everyone a warm welcome.

DATES	LONDON	MANCHESTER
Jan	£299pp	£299pp
Feb	£299pp	£299pp
Mar	£299pp	£299pp
Apr	£339pp	£339pp
May	£339pp	£369pp
Jun	£449pp	£449pp
Jul	£499pp	£499pp
Aug	£499pp	£529pp
Sept	£449pp	£449pp

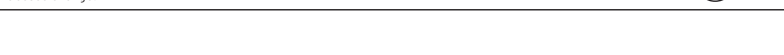
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Q&A



Keep calm and let coriander carry on until it's blooming

When can I collect coriander seeds for cooking? Maria, Greenwich, London

Leave the plants until long stalks appear with bursts of delicate white flowers. These will soon be followed by seeds that can be picked when they are brown - but some chefs prefer them when their taste is sharper. Cut and dry stems before using them whole or ground for their aromatic flavour.



How to out those damn spots and make things rosy

Why are the leaves on my roses yellow with brown spots? They look terrible.

Charles Smith, Luton, Beds
 This sounds like black spot, which tends to appear on lower leaves and move up. Give roses lots of sun, well-drained soil and circulation, and water without soaking the foliage. Remove affected leaves and prune infected canes before applying a thick layer of mulch.

TIP of the week

Use pretty viola petals in salads or sweet desserts for a splash of colour and a gentle flavour that will add something special to your dish.



We bring you the top growers spreading the joy of gardening in their communities

Cultivation Street Winners: Week One - regional winners

While 2020 has not been the year we might have hoped for - nor one we would care to repeat - our annual Cultivation Street competition has sown plenty of green shoots of hope. Community gardeners up and down the country have done their level best to keep their patches running and stunning, despite the obstacles of Covid-19 and lockdown.

We had a record number of entries this year and it's clear the nation's gardens, private or community, have been a place of respite, cheer and relaxation for many millions. We're giving away £13,000 worth of prizes and hampers full of goodies from our sponsor, Miracle Gro. And today, I'm honoured to reveal our five regional winners, chosen by our judging panel which includes myself, Sunday Mirror head of features Emma Pryer and Boyd Douglas Davies, communications director of the British Garden Centres Group. We really had our work cut out, but we all agreed on one thing - all those who entered shone a light of hope and positivity in a very uncertain year. Their share of the prize money will be revealed when the final rankings emerge. Next week I'll be revealing the next set of winners, but read on now for garden inspiration...

North Tinsley Community Allotment, Tinsley, Sheffield
 Four years ago, a team of likeminded volunteers got together to clear a rubbish-filled local green space and transform it into a welcoming environment. Many people didn't know the rundown allotment even existed, but after its makeover and open sessions, it now greets visitors for socialising, relaxation and to access organically-grown fresh fruit and veg. Primary school children visit every week and the garden provides a safe space, especially to support and help those with disabilities or communication difficulties. In a deprived area, the garden has become a hub where visitors can take home fruit, vegetables and herbs, or simply cuttings to grow at home. **Judges' Verdict:** The Tinsley Allotment won the judges' vote by being so focused on inclusivity. The allotment aims to make everyone feel

time to DIG IN with DAVID DOMONEY



SEEDLINGS Youngsters at Tinsley help with planting

FARM FRIENDS Passionate garden pals at Clitterhouse



CROP-IN CENTRE Children grow their own in Blackhill Glasgow



PLANTERS Talgarth group take a break from potting up

welcome and ensure people feel like they have a place to go. They grow their food with the aim of providing it to those who need it most and create a space for those who feel isolated to meet new people.

Scotland St Paul's Youth Forum's Blackhill's Growing, Provanmill, Glasgow
 Following an exchange trip to Zambia in 2010, St Paul's Youth Forum looked into developing a gardening project to help support their members and their local community. The young people wanted a small market garden to grow and sell fresh produce to raise money for the club. Their underfunded and deprived area had been branded a "food desert", with few local amenities where people could purchase affordable healthy food or sit and enjoy a meal with friends and family. That's what the forum wanted to change - and, 10 years on, the Blackhill's Growing project is now the

only place in Blackhill where people can purchase affordable fruit and veg. **Judges' Verdict:** This garden was set up to do one thing - help others. Volunteers saw where their community was struggling most and decided to do something about it. They even grow wheat to make dough for their weekly pizza club.

Midlands OASIS Community Gardens, Worksop, Notts
 This community garden was started a decade ago when the team took over a derelict youth club and an abandoned recreational field. Today the barren site is bursting with biodiversity. A huge array of wildlife thrives in the garden and the large local community in Kilton enjoys the space. Much of the focus is on the power of gardening and how nature can be an effective means of therapy. The garden runs projects to help specific groups in the community who are vulnerable or suffer from physical and mental illnesses. It's an open and friendly space with



THERAPY Proud Midlands team in their OASIS of calm

plenty of opportunities for people to join in, share and socialise. **Judges' Verdict:** The OASIS garden really is focused and built around helping others. The group's support of people with dementia, anxiety and other health issues is incredible. And they have everything - even chickens! It is a credit to everyone.

South Clitterhouse Farm Garden, Cricklewood, North London
 This garden was launched in 2017 by people passionate about encouraging



THERAPY Proud Midlands team in their OASIS of calm

locals to engage with nature and promoting the positive impact gardening can have on health. Each year, the garden has grown and its transformation has resulted in a valuable community resource. The volunteers are a diverse lot, but they all have one thing in common - their love for the garden. The project now has 16 apple and pear trees, which the birds love, and a whole area of wildflower beds to attract more pollinators. Volunteers built a path, to make the garden fully wheelchair accessible, and three arched seating areas where people can relax and reflect on their lovely surroundings. **Judges' Verdict:** This garden has a majorly positive impact on its community. The volunteers did so much during lockdown to keep it going, while also encouraging their community to engage with nature by supplying seeds and fresh food. It's incredible to see such a young garden becoming a huge part of a community so quickly.

Wales and Northern Ireland Grow for Talgarth, Talgarth, Mid-Wales
 In 2015, five volunteers decided to brighten their town with colourful planted displays. In a nod to Talgarth's rich agricultural heritage, troughs were donated by farmers, painted and filled with flowers given by local people. Five years on, Grow for Talgarth is an interactive community garden which has built a strong sense of identity and pride while raising awareness of the benefits of gardening. The garden has reached beyond its boundaries - with 43 planters along the local riverside and around the town square and Church Hall. There's a real sense of togetherness at the garden, with local businesses showing their support. **Judges' Verdict:** What stood out was how the team used their skills to bring gardening into the community. Many volunteers are now revamping their own outside spaces at home. That's a message we love and we can only commend Grow for Talgarth for spreading the joy of gardening.

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OFFER OF THE WEEK

Brighten up your patio pots and rockeries next spring with this bright miniature Narcissi Rip Van Winkle. It will produce an explosion of star-shaped double yellow flowers, with luscious strap-like foliage. Rip Van Winkle will make a stunning display for years to come. Flowers March to April. Height 15cm. Top-quality 8/10cm bulbs supplied. Buy 15 Rip Van Winkle for £8.49, or order 60 for £16.98 half price. RRP £33.96. Please allow up to 28 days for delivery. To order by debit/credit card call **0843 922 5000** quoting **SMTG158** or send a cheque made payable, using blue or black ink, to 'Garden Offers' to Narcissi Rip Van Winkle Offer (SMTG158), PO Box 64, South West District Office, Manchester, M16 9HY or visit www.mirrorgardenoffers.co.uk



GADGET



One of the most useful things you can do in your garden is install a water butt - especially if you're on a meter, which the water firms seem increasingly keen on these days. A decent-sized butt like this 210-litre kit will harvest rain water from your downpipe, saving money on your bills and helping the environment. It's cheap, simple to fit and the benefits are potentially enormous. I found this kit for £35 at wickes.co.uk

GET in TOUCH

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