

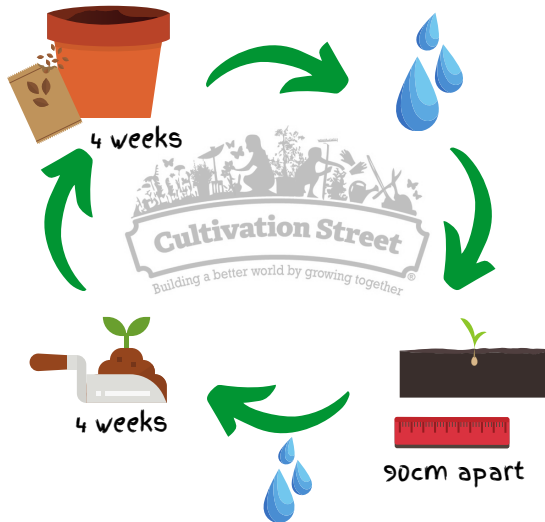
LETTUCE



Once a week



TIP: There are many varieties of lettuce, try growing little gem lettuce, they're quick to grow and small in size.



CARROTS



Every 2 weeks



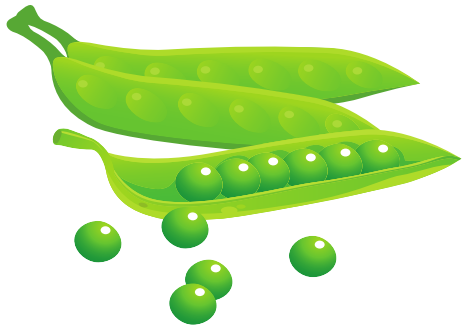
TIP: Water your carrots everyday until they germinate, this will make them grow the best they can. Then you can drop down to every two weeks.



PEAS



once a week



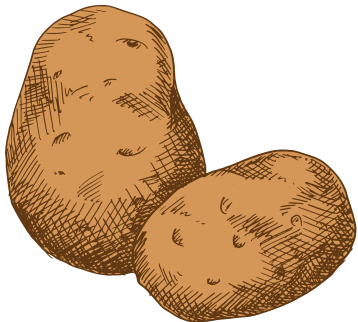
TIP: Make sure you pick your peas as soon as they are ready. The quicker they are picked the sweeter they taste.



POTATOES



once a week



TIP: If you don't have much room in the ground for your potatoes, you could try growing them in a large bin or tub.



TOMATOES



twice a week



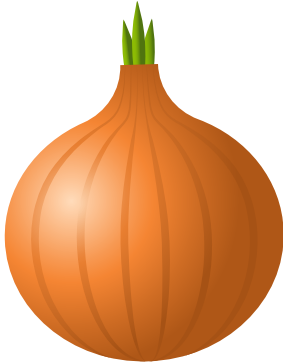
TIP: Use bamboo canes as a way to support the plants, these can get quite tall you know!



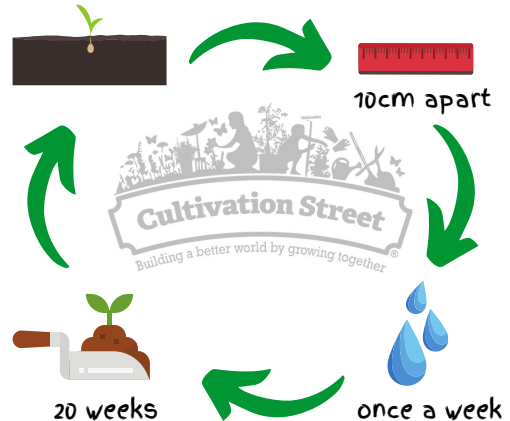
ONIONS



once a week



TIP: when planting onions don't push the sets all the way into the soil, instead ensure you can still see the tip slightly.



BROCCOLI



every 10 days



TIP: If you want to grow your broccoli fully outdoors wait until the warmer months before sowing the seeds.



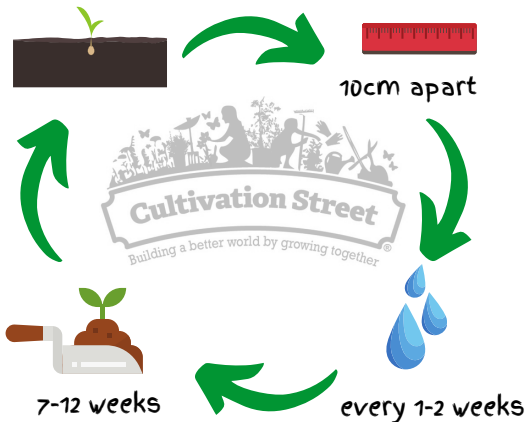
BETROOT



every 1-2 weeks



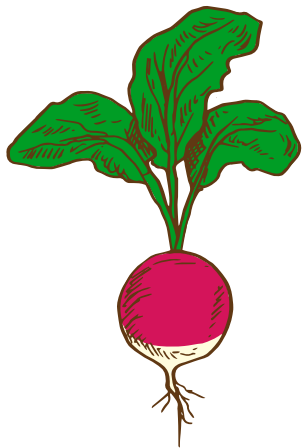
TIP: Not all beetroots are red! You can get purple, blue or cream and white! Just choose a different variety.



RADISHES



once a week



TIP: Radishes are one of the quickest things you can grow in the garden. For the best taste, pick them as soon as they are ready.



CUCUMBER



TIP: water your cucumbers little and often, and remember they will need to grow across a vertical wire or cane.



GROW CARD KEY



Shows you which month to sow or plant your veg/fruit/plant



Shows you how often you should be watering your crops



Next step



Suggests it's best to grow fully in a greenhouse



Sow your seeds indoor first



Will need support system when growing



Grows best in a sunny spot



Plant outdoors / transplant seeds



Shows how many cm you should put your seeds / rows



Grows best in a shady area



Harvest time



Shows if you need to give your veg/fruit/plants an extra feed, not just the nutrients they get in the soil